

GLM/lqu

18 May 2018

Dear Parent(s)/Carer(s)

**Trip No: 4120 - Optional Residential UK Trip Out of School Time
Year 11 – Duke of Edinburgh’s Award Trip Silver Qualifying Expedition: 6th – 8th July 2018**

Following from the silver practice expedition in October 2017, your child now has the opportunity to complete their Duke of Edinburgh Silver award. We ask that your child completes **all** sections for their award, their Physical, Skill and Volunteering before the beginning of July 2018. After this time **all** students should attend refresher and route planning in the 912 on Friday 29th June at 9.10 am. Please as students to let me know if they are unable to make this date.

The Silver qualifying expedition takes place over 3 days in The New Forest. The qualifying expedition will take place from Friday 6th to Sunday 8th July 2018. The cost will be **£58.00** which includes all transport, camping fees and insurance. This does not include food, so students must bring enough food for the three days, prior to their departure on Friday morning.

Practice Expedition Itinerary

Date	6 th July – 8 th July 2018
Route	Meet at 08:30 at the John Warner School already in suitable walking clothes and walking boots. Pupils will be taken by mini bus to the start point.
Campsites	<ul style="list-style-type: none">• Roundhill Brockenhurst SO42 7QL• Holmsley, Burley, BH23 7EQ
Finish	Sunday 8 th July 2018 approx 18:30 at The John Warner School
Route Planning	Friday 29th June 2018 at 9.10am in 912
Packing and equipment	Pupils can pick up all group equipment on the route planning session. Kit check will take place on Thursday 5th July at 15.30 in 912
Food	Students will need to think about what meals they will need to provide for themselves individually for lunch and breakfast on Friday, Saturday and Sunday plus dinners for Friday and Saturday night.
Total Cost	£58.00, be paid by Friday 15th June 2018

Other Important Information

Whilst on expedition, your child is expected to follow both school rules and the guidelines set out by the Duke of Edinburgh’s Award Scheme. If pupil behaviour is deemed unacceptable or they fail to meet the award requirements, then their expedition will be ended early and you will be required to collect them.

Further Silver Award sections

To go on to complete the award, students need to have evidence collected that they have spent the required time on three sections, Volunteering, Physical and Skill.

The choices that your son/daughter makes about what to do for Volunteering, Physical and Skill are their own but there are opportunities to complete the sections in school. The attendance and collection of evidence of doing the activity over three months will need to be monitored by an assessor. The assessor **cannot** be a

parent but does not have to be a professional. An example would be for the physical activity section a football coach could be the assessor and help to set up goals and monitor progress informally or formally throughout the time period. Awards such as 'man/woman of the match' can be used as evidence as can team photographs

The Volunteering section must be undertaken for 6 months. The Skill and Physical sections must be completed for 3 months and 6 months respectively, although this is interchangeable. Pupils who have failed to complete any section of the award will not be eligible to take part in the qualifying expedition in July.

If you would like your child to go on this optional trip, [please follow this link to complete the consent and payment form](#) (*website: Home/Parents/Forms*) or return the slip attached to this letter indicating your preferred method of payment. Please note that all trips will be allocated on a first-come, first-serve basis, places will not be confirmed until your payment is received; we therefore recommend that you respond as soon as possible. All cancellations must be provided in writing to the Finance Office. Once a place is confirmed, you will be liable for all costs incurred by the school up to the point of cancellation.

Please be aware that the school reserve the right to refuse a place on this trip for any pupil whose attendance falls below the acceptable level and/or their behaviour has been a cause for concern. In line with our School Trips Policy, if there is a need to contact your child while they are out of school, please phone Mrs Georgette Knights on 07741559124 or Mr Oliver Price on 07741559129.

I hope that I have included all the information you need regarding your child's upcoming expedition. Should you have any questions or concerns regarding the expedition or other sections of the award, please do not hesitate to contact me at the school.

Yours faithfully

Miss Gemma Major
Duke of Edinburgh Coordinator
glm@johnwarner.herts.sch.uk

Mrs G Knights
Assistant Head: Director of Finance & Resources

Encl.



Reply Slip

**Trip No: 4120 - Optional Residential UK Trip Out of School Time
Year 11 – Duke of Edinburgh's Award Trip Silver Qualifying Expedition: 6th – 8th July
2018**

If you wish to complete this reply slip electronically, then please complete the [consent and payment form](#) available to download from the school's website

Student's Name: _____

Form: _____ Date of Birth: _____

Does your child suffer from any medical conditions? Yes No

Will this medical condition affect them taking part in the activities? Yes No

If yes, please give details including treatment that they currently receive for this/these medical conditions: _____

Enter any known allergies to drugs, medicines or food and/or special dietary requirements:

Has your child been immunised against tetanus? Yes No

Please provide us with two emergency contact numbers:

Number: _____ Relationship to Student: _____

Number: _____ Relationship to Student: _____

For overseas visits only, please confirm that you have included:

Copy of Passport included Yes No

Copy EHIC included Yes No

Declaration

I agree to my child taking part in the above mentioned visit and to their participation in the activities to be undertaken during the day. I support the need for obedience and responsible behaviour on their part.

To the best of my knowledge, my child is not suffering from any medical condition that makes them unfit to participate in this visit. I agree to my child receiving medical treatment as considered necessary by the medical authorities present.



Payment Method – £58.00

- Wise Pay (via Internet)** Preferred payment method. If Wise Pay is showing that the trip is full, please contact the Finance Department in the first instance.
- Debit or Credit Card.** If you wish to pay by Debit or Credit card directly rather than through Wise Pay, then please call the school 01992 462889 and ask to be transferred to the Finance Department.
- Cheque.** If paying by cheque, please ask your child to hand payments directly to the finance office. Cheques should be made payable to The John Warner School.

All outstanding payments must be with the school a minimum of four weeks prior to the start date of the trip unless an earlier payment date is stated on the original letter.

Signed:

Parent / Carer

Date:



The Silver Duke of Edinburgh's Award Kit List

Personal kit

Expedition kit

- Sleeping Bag – 1 good quality construction (warmth rating 2 or 3 seasons)
- Sleeping Mat – to provide extra insulation
- Rucksack – (65/70 litre expedition rucksacks)*
- Walking boots – see notes
- Walking trousers – must not be jeans (jeans are not suitable for walking). Tracksuit/cotton trousers are best for walking in
- Tops/Jumpers – long sleeves, light to medium in weight for wearing in layers (sports sweatshirts are fine and fleece tops even better)
- T-Shirts – light to medium in weight for wearing in layers
- Underwear – a daily change, to include t-shirts (girls – strappy vest tops are not suitable)
- Shorts
- Walking socks – thick pairs, walking or ski (nylon football socks are not good as the 'next to the skin layer')
- Woollen hat – football club supporters or balaclava style
- Waterproofs – both a coat and trousers*
- Handkerchief – for use as neck sun protection as well as the nose
- Sun Hat – essential in case of very hot weather (sports caps are fine)
- Gloves – wool or man-made fibres, not leather
- Trainers – 1 pair (flip flops may be better for the expedition as they are lighter and will just be used for walking around the campsite)
- Washing Gear – your personal choice e.g. soap, flannel, however body/facial cleaning wipes are ideal, you will need toothbrush, hairbrush/comb and hair bands/clips for long hair, deodorant
- Dustbin Bags – 5 large, strong, garden rubbish style bags for transporting, leaving spare clothes, dirty washing in and lining your rucksack
- Water Bottle – plastic sports drinks bottles are ideal but you may need two as one litre capacity is the minimum requirement
- Mug, Plate, Bowl – 1 of each, plastic is better than metal (big mugs are good)
- Knife, Fork, Spoon – 1 of each
- Torch – 1 small for lightness and spare batteries e.g. Petzl/Maglite
- Watch – 1 (not your best one)
- Pen, pencil and notebook – 1 of each
- Lip Protection – 1 in a small applicator (e.g. Lypsyl)
- Sun Lotion – 1 high protection, Factor 15 plus (and hope for sunshine)
- Sunglasses – 1 pair recommended (and hope for sunshine)
- First Aid Kit – **all** participants must carry their own personal first aid kit
- Whistle
- Small Towel
- Survival bag*

Items marked * can be provided by the school

Any additional/specialised equipment that you may want/need to purchase can be bought from shops such as Blacks, Millets and Cotswold Outdoor amongst a variety of others. All DofE participants receive a discount at Cotswold Outdoor (see your record book, 15%) and Scouts and Guides can get discounts at Millets and Blacks (10%).

www.cotswoldoutdoor.com/dofe



Notes on personal kit:

You want to be aiming for your expedition kit to be as light as possible. To this end, you need to think carefully about what you are planning to carry and try to avoid bringing excessive items

- Make-up – you do not need to take any makeup on your expedition. If you meet anyone on the hills, they will look as tired and as sweaty as you – they will not be looking at how much mascara you have on!
- Deodorant – do you need an individual deodorant? Boys – can you all use the same lynx etc? Girls – can you all share an impulse etc? Remember, you are only out for three days, so you can get away with one can between you. The same could apply to toothpaste – obviously carry your own toothbrush, but could you share one tube of toothpaste between you?
- Clothing – I have not detailed quantities on clothing, you will need to make the decision over how much to bring and how much to carry – remember that you are only going to be out for 3 days, so carrying your entire wardrobe is a bad idea.
- Showers etc – there are no showers on the sites you will be staying on during your expedition so there is little point in carrying your shampoo/conditioner/shower gel. For the sake of three days, cleansing wipes or a bar of soap will suffice.
- Mug, Plate, Bowl – do you need all three? Or could you just use a big mug? Think about this when you plan your menu.
- Knife, Fork, Spoon – do you need all three? Or could you treat yourself to a spork? What about a fork each, then a couple of spoons/knives between you?

Walking boot requirements

It is also a necessity for you to own and use your own walking boots for your expedition. These boots must:

- Cover the ankle (walking shoes are not suitable)
- Be waterproof
- Be hardwearing
- Have good grip

Walking boots are not designed to be worn like trainers. You should always do up all of the laces and use all of the hooks to give your ankles as much support as possible. Ankle injuries are one of the main reasons for people pulling out of walking expeditions.

Group kit

- 2 x Compasses*
- 2 x Maps*
- 2 x Map Cases*
- Expedition Tent e.g. Vango Hydra (2 or 3 persons)*
- Trangia Stove (with pots and pans)*
- Fuel Bottle and fuel/matches*
- Washing up sponge/detergent*
- Tea Towel – 1, not the best you possess (best to nominate one person in your group to bring one)

Items marked * can be provided by the school